



ALL WALES PASSPORT SCHEME PEOPLE HANDLING

WHO IS IT FOR?

The course is suitable for those requiring an understanding of manual handling in the workplace and outside of work and who move and handle people on a regular basis.

OBJECTIVES

This course focuses on the safe moving and handling of people. Learners will cover the following topics:

- Manual handling injuries
- Avoiding musculo-skeletal injuries
- Legislation
- Ergonomics and Risk Assessment
- Principles of safer handling
- Team handling
- Communication

CONTENT

- Module A Introduction
- Module B Inanimate load handling and practical application of ergonomics
- Module C Sitting, Standing and Walking
- Module D Bed Mobility
- Module E Lateral Transfers
- Module F Hoisting

METHOD

The course includes a variety of practical situations and is underpinned by relevant theory. Group discussion is very much encouraged throughout the course.

DURATION

Two days.