



# AUTISM ASPERGERS SYNDROME

## WHO IS IT FOR?

This one day course aims to increase the participant's awareness and understanding of Autism so that support can be delivered in a more holistic way. Theories in respect of Autism will be explored and applied to the practice arena; hence the course is aimed for people working within a caring environment. The programme is also underpinned with our commitment to support dignity and respect within the workplace.

## OBJECTIVES

To enable participants to have a clear understanding of autism and to explore how students can support individuals more effectively.

## CONTENT

- What do you already know about autism? – question and answer
- Historical perspectives
- Definitions, diagnostic criteria and the spectrum
- Overview of causes
- Theoretical perspectives
- Impact of ASD on behaviour
- Considering elements to supporting a person with autism
- Conclusions and Evaluation

## METHOD

The course will consist of activities, case studies and the opportunity for people to share their experiences or discuss cases they may be concerned about, in a safe, controlled and confidential environment.

## DURATION

One day.