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CARE ISSUES AT END OF LIFE INC: LOSS, GRIEF AND FUNERAL AWARENESS

WHO IS IT FOR?

This one day interactive course aims to increase understanding of how individuals react to loss and grief. The course will explore the skills and self-awareness required by the participant when supporting a client or a client's family through their end of life journey through to the grieving process. Funeral preparation will also be considered.

OBJECTIVES

To enable participants to have a clear understanding of end of life care issues including loss and the grieving process. To explore the requirements needed to create a culture of support and care.

CONTENT

- Define key terms
- The role of the health care provider - Creating the right culture of support
- What is end of life – how do we know?
- Practical Issues
- Care issues at end of life
- Exploring different losses
- Key theoretical frameworks of grief and loss
- Stages of loss - The grieving process
- Reactions to loss
- Determinants of grief
- Culture and society
- Bereavement support
- Self awareness – support
- Funeral awareness

METHOD

The course consists of various activities, case studies and provides an opportunity for people to share their experiences, in a safe, controlled and confidential environment. The programme also aims to explore individual's current understanding and views through group work and interaction.

DURATION

One Day.

For further information or to book a place, please contact us on 01443 749000

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