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FUNDAMENTALS OF CARE

WHO IS IT FOR?

This two day interactive course aims to define and explore the fundamentals of care and their application within the clinical arena. The course will identify the importance of self awareness and effective communication required by the participant when promoting the independence of a client. The course is applicable to individuals working within the health and social care sector, and is underpinned with our commitment to support dignity and respect within the workplace.

OBJECTIVES

Participants will have a clear understanding of the fundamentals of care and their role in promoting high standards of care within the workplace.

CONTENT

- The nursing process
- Nursing models
- Essential needs
- Applying the fundamentals of care to practice (activities of daily living)
- The importance of effective communication
- The importance of dignity and respect
- Health and safety
- Holistic approach to care
- Promoting independence and patient centered care

METHOD

The course consists of various activities, case studies and provides an opportunity for people to share their experiences, in a safe, controlled and confidential environment. The programme also aims to explore individual's current understanding and views through group work and interaction.

DURATION

Two Days.

For further information or to book a place, please contact us on 01443 749000

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