



Level 3

Health and Social Care: Practice (Children & Young People)

Suitable for those working in domiciliary or residential childcare, residential family centres, foster care or community based healthcare. Our qualification focuses on working with children and young people. It even includes some elements on working with adults.

Benefits for the learner

- Experienced trainer coaches equipped to deliver the industry training standards
- Take charge of your personal and professional development
- Achieve a recognised qualification
- Access to a wealth of resources through Moodle - our online learning platform
- Bespoke one to one support

Benefits for the employer

- Quality training with an Estyn grading of excellent/good
- Range of optional units to tailor the qualification to your business needs
- Promote a culture of organisational learning and development



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Essential Skills

Welsh Government is committed to raising the levels of Essential Skills across Wales. Communication, Digital Literacy and Application of Number qualifications are an integral element to the funded apprenticeship frameworks.

These are usually delivered through workshops at one of our centres and will be planned well in advance. If you have completed Essential Skills previously or are able to provide suitable evidence, such as GCSE certificates or similar, you may be exempt from completing this element of the qualification.

Essential Skills	
Learners will need to complete:	
Application of Number	Level 2
Digital Literacy	Level 2
Communication	Level 2

Qualification Overview

This qualification cannot be completed on work placement. You must be providing support to children and young people in health and social care or community healthcare settings. You will study two components, the core and the practise.

To achieve the Level 3 Children and Young People qualification, you must complete:

- Two hour induction
- 50 credits in total
- Mandatory unit (18 credits)
- A minimum of 13 credits must be achieved from optional group A
- The balance of 19 credits can be achieved from units in optional groups A or B
- A maximum of 10 credits from optional group A and B may be achieved from units at level 2
- The minimum guided learning hour requirement for this qualification is 240
- Monthly tutor visits are required and extra visits or support can be provided if needed
- Tutor sessions may last up to two hours as the assessment tasks are supervised, and time must be allowed for them to be fully completed
- The qualification will take 16 months to complete

Mandatory Unit

Unit Title	Level	Credit Value	Guided Hours
Promoting core practice in Health and Social Care (Children and Young People)	3	18	100

Optional Units - Group A

Unit Title	Level	Credit Value	Guided Hours
Using assessments for the development of personal plans	4	6	35
Co-ordinating care and support for individuals living in their own homes	4	8	30
Supporting families to develop parenting skills	3	13	50
Providing care and support for disabled children and young people	3	20	100
Providing care and support for children and young people who are looked after	3	18	100
Providing care and support for babies and younger children	3	20	100
Providing care and support for children and young people living with their families or carers	3	8	40
Supporting young people to develop independence skills and prepare for adulthood	3	4	25
Supporting health and well-being for yourself and your family within the role of a foster carer	3	5	30
Impact of abuse and trauma on the development of babies and young children	3	4	20
Supporting individuals with the use of electronic assistive technology	3	4	20
Supporting individuals who misuse substances	3	7	40
Promoting positive approaches for behaviour support	3	6	40
Promoting and supporting speech, language and communication skills	3	4	25
Contributing to the support of individuals who misuse substances	2	4	30

Optional Units - Group B

Unit Title	Level	Credit Value	Guided Hours
Supporting children living with epilepsy	3	3	20
Undertaking capillary blood glucose monitoring	3	3	15
Supporting children to undertake glucose monitoring	3	3	15
Taking venous blood samples from children	3	3	20
Providing care for children living with cancer	3	8	35
Palliative and end of life care for children and young people	3	9	35
Undertaking stoma care	3	3	20
Undertaking non-complex wound care	3	4	20
Administering adrenaline auto-injections	3	3	15
Facilitate group learning	3	4	20
Supporting individuals with enteral feeding	3	3	15
Health promotion	3	3	20
Working as a personal assistant with children and young people	3	3	20
Supporting children and young people to access advocacy	3	4	25

Optional Units - Group B

Unit Title	Level	Credit Value	Guided Hours
Supporting the use of medication in social care settings	3	5	35
Undertaking physiological measurements in children	3	5	40
Supporting children living with diabetes mellitus	2	5	20
Responding to anaphylactic reactions	2	2	10
Introduction to breathlessness and asthma in children	2	2	10
Supporting continence care in children	2	4	20
Supporting individuals with moving and positioning	2	3	20
Supporting individuals to maintain mobility and minimise the risk of falls	2	2	20
Supporting food safety practice in health and social care settings	2	2	10
Supporting individuals to manage pain and discomfort	2	2	15
Undertaking peak expiratory flow rate (PEFR) readings	2	2	15

Progression

On completion, you could progress to:

- Level 4 Professional Practice in Health and Social Care
- Level 4 Preparing for Leadership and Management in Health and Social Care