

Level 2
Health and Social Care

This is an entry level qualification for those taking their first steps in a career in the Health and Social Care sector. The course combines two qualifications - the Core which provides the theoretical knowledge followed by Practice which is assessed in the workplace.
This qualification is specifically designed for those working, or seeking to work in the Health and Social Care sector. Care settings can include: care homes, supported living, mental health settings, domiciliary care and learning disabilities to name a few.

Benefits for the learner

- Qualification is in line with Social Care Wales meeting the standards for the sector to gain relevant skills and registration
- Experienced trainer coaches equipped to deliver from various sectors
- Take charge of your personal and professional development
- Achieve a nationally recognised qualification
- Access to a wealth of resources through Moodle - our online learning platform
- Bespoke one to one support

Benefits for the employer

- Quality training with an Estyn grading of excellent/good
- Range of optional practical units to tailor the qualification to your business needs
- Promote a culture of organisational learning and development
- A strong focus on workplace performance

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Welsh Government

Essential Skills

Welsh Government is committed to raising the levels of Essential Skills across Wales. Communication, Digital Literacy and Application of Number qualifications are an integral element to the funded apprenticeship frameworks.

These are usually delivered through workshops at one of our centres and will be planned well in advance. If you have completed Essential Skills previously or are able to provide suitable evidence, such as GCSE certificates or similar, you may be exempt from completing this element of the qualification.

Essential Skills	
Learners will need to complete:	
Application of Number	Level 1
Communication	Level 1

Qualification Overview

To achieve the Level 2 Health and Social Care: Core learners will be assessed on five mandatory units. Assessment will be in the form of case studies and multiple choice questions.

Unit Title
Principles and values of health and social care (adults)
Health and well-being (adults)
Professional practice as a health and social care worker
Safeguarding individuals
Health and safety in health and social care

To achieve the Level 2 Health and Social Care: Practice (Adults) qualification, learners must achieve a minimum of 35 credits in total. Completing the Mandatory unit as well as:

- A minimum of 14 credits must be achieved from Optional group A
- The balance of 7 credits can be achieved from units in Optional groups A or B.
- Monthly tutor visits are required and extra visits or support can be provided if needed
- Tutor sessions may last up to two hours, core end point assessment tasks are supervised, and time must be allowed for them to be fully completed
- The qualification will take 19 months to complete

Mandatory Unit

Unit Title	Credit Value	Guided Hours
Supporting Core Practice in Health and Social Care (Adults)	14	65

Optional Units - Group A

Unit Title	Credit Value	Guided Hours
Contributing to the Care and Support of Individuals Living at Home	7	45
Providing Care and Support for Individuals Living in Care Home Settings	8	45
Contributing to the Support of Individuals Living with Dementia	9	45
Contributing to the Support of Individuals with the Use of Electronic Assistive Technology	2	10
Contributing to the Support of Individuals to Achieve their Reablement Outcomes	3	20
Contributing to the Support of Individuals who Misuse Substances	4	30
Promoting Support for Individuals with a Learning Disability and/or Autism	7	40
Promoting Positive Approaches for Behaviour Support	6	40
Supporting Individuals Living with Mental Ill-health	7	40
Supporting Individuals with a Physical Impairment	4	25
Supporting Individuals with an Acquired Brain Injury	8	40

Optional Units - Group B

Unit Title	Credit Value	Guided Hours
Introduction to Physiological Measurements in Adults	3	15
Supporting Individuals with Sensory Loss	3	20
Supporting Food Safety Practice in Health and Social Care Settings	2	10
Supporting Individuals to Manage Pain and Discomfort	2	15
Providing Support to Adults Living with Epilepsy	3	20
Providing Care for Adults Living with Cancer	4	20
Palliative and End of Life Care for Adults	7	35
Supporting the Use of Medication in Social Care Settings	5	35
Providing Care and Support for Adults with Coronary Heart Disease (CHD)	3	20
Supporting Nutrition and Hydration for Individuals with Special Dietary Requirements	2	20
Providing Support to Individuals Following a Stroke	3	25
Responding to anaphylactic reactions	2	10
Supporting individuals with moving and positioning	3	20
Undertaking point of care testing	3	15
Undertaking collection of specimens	3	10
Supporting adults living with diabetes mellitus	4	15
Introduction to breathlessness and asthma in adults	2	10
Supporting individuals with management of continence	4	15
Supporting individuals to maintain mobility and minimise the risk of falls	2	20
Undertaking peak expiratory flow rate (PEFR) readings	2	15
Introduction to acute deterioration	4	25
Undertaking capillary blood glucose monitoring	3	15
Taking venous blood samples from adults	3	20
Providing care to adults with indwelling urinary catheters	3	20
Providing care and support for adults with chronic respiratory conditions	3	20

Progression

On completion, you could progress to:

- Level 3 Health & Social Care: Practice