

Level 3
Health and Social Care

The course combines two qualifications - the Core which provides the theoretical knowledge followed by which is assessed in the workplace.

This qualification is specifically designed for those working, or seeking to work in the Health and Social Care sector. Care settings can include: care homes, supported living, mental health settings, domiciliary care and learning disabilities to name a few.

Benefits for the learner

- Experienced trainer coaches equipped to deliver the industry training standards
- Take charge of your personal and professional development
- Achieve a recognised qualification
- Access to a wealth of resources through Moodle - our online learning platform
- Bespoke one to one support

Benefits for the employer

- Quality training with an Estyn grading of excellent/good
- Range of optional units to tailor the qualification to your business needs
- Promote a culture of organisational learning and development

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Llywodraeth Cymru
Welsh Government

Essential Skills

Welsh Government is committed to raising the levels of Essential Skills across Wales. Communication, Digital Literacy and Application of Number qualifications are an integral element to the funded apprenticeship frameworks.

These are usually delivered through workshops at one of our centres and will be planned well in advance. If you have completed Essential Skills previously or are able to provide suitable evidence, such as GCSE certificates or similar, you may be exempt from completing this element of the qualification.

Essential Skills	
Learners will need to complete:	
Application of Number	Level 1
Communication	Level 2

Qualification Overview

This qualification cannot be completed on work placement. You must be providing support to children and young people in health and social care or community healthcare settings. You will study two components, the core and the practise.

To achieve the Level 3 qualification, you must complete:

- Two hour induction
- 50 credits in total
- Mandatory unit (18 credits)
- A minimum of 14 credits must be achieved from optional group A
- The balance of 18 credits can be achieved from units in optional groups A or B
- A maximum of 10 credits from optional group A and B may be achieved from units at level 2
- The minimum guided learning hour requirement for this qualification is 240
- Monthly tutor visits are required and extra visits or support can be provided if needed
- Tutor sessions may last up to two hours as the assessment tasks are supervised, and time must be allowed for them to be fully completed
- The qualification will take 19 months to complete

Mandatory Unit

Unit Title	Level	Credit Value	Guided Hours
Promoting core in Health and Social Care (Adults)	3	18	100

Optional Units - Group A

Unit Title	Level	Credit Value	Guided Hours
Using assessments for the development of personal plans	4	6	35
Co-ordinating care and support for individuals living in their own homes	4	8	30
Promoting care and support for individuals living in their own homes	3	10	45
Promoting care and support for individuals living in care home settings	3	13	45
Promoting support for individuals living with dementia	3	11	45
Supporting individuals with the use of electronic assistive technology	3	4	20
Providing support for individuals to achieve reablement outcomes	3	5	20
Supporting individuals who misuse substances	3	7	40
Supporting individuals living in an adult placement/shared lives arrangement	3	3	35
Promoting support for individuals with a learning disability and/or autism	3	8	35
Promoting positive approaches for behaviour support	3	6	40
Supporting individuals living with mental ill-health	3	7	40
Supporting individuals with a physical impairment	3	4	25
Supporting individuals with an acquired brain injury	3	8	40
Contributing to the support of individuals who misuse substances	2	4	30

Optional Units - Group B

Unit Title	Level	Credit Value	Guided Hours
Providing support to adults living with epilepsy	3	3	20
Undertaking capillary blood glucose monitoring	3	3	15
Taking venous blood samples from adults	3	3	20
Providing care for adults living with cancer	3	4	20
Palliative and end of life care for adults	3	7	35
Undertaking stoma care	3	3	20
Undertaking non-complex wound care	3	4	20
Administering adrenaline auto-injections	3	3	15
Facilitate group learning	3	4	20
Supporting individuals with enteral feeding	3	3	15
Health promotion	3	3	20
Working as a personal assistant with individuals	3	3	20
Supporting individuals to access advocacy	3	4	25
Supporting the use of medication in social care settings	3	5	35
Supporting adults to manage their diabetes mellitus	3	3	20
Undertaking physiological measurements in adults	3	3	20
Providing care to adults with indwelling urinary catheters	3	3	20
Providing care and support for adults with Coronary Heart Disease (CHD)	3	3	20
Providing recognition, escalation and response to acute physical deterioration	3	3	20
Supporting nutrition and hydration for individuals with special dietary requirements	3	3	20

Optional Units - Group B

Unit Title	Level	Credit Value	Guided Hours
Supporting individuals to manage dysphagia	3	3	20
Undertaking electrocardiography (ECG)	3	4	20
Providing care and support for adults with chronic respiratory conditions	3	3	20
Providing support to individuals following a stroke	3	3	25
Responding to anaphylactic reactions	2	2	10
Supporting individuals with management of continence	2	4	15
Supporting individuals with moving and positioning	2	3	20
Supporting individuals to maintain mobility and minimise the risk of falls	2	2	20
Supporting individuals with sensory loss	2	3	20
Supporting food safety in health and social care settings	2	2	10
Supporting individuals to manage pain and discomfort	2	2	15
Undertaking peak expiratory flow rate (PEFR) readings	2	2	15

Progression

On completion, you could progress to:

- Level 4 Professional in Health and Social Care
- Level 4 Preparing for Leadership and Management in Health and Social Care